

COURSE AGENDA

Day One	Hours	Instruction
0800 – 0830	0.5	Introduction, course overview, administrative paperwork
0830 – 0930	1.0	Brief history of carbine, mathematical representation of accuracy (MOA), comprehensive safety rules & procedures, exterior nomenclature, points of contact, basic loading / unloading, zero, carry positions, and shooting responses
0930 – 1100	1.5	Intro to external & terminal ballistics, wound cavitations, threat incapacitation, bi-lateral transfer, after action drill, cover & distance, window of combat, deliberate reloads, and emergency reloads
1100 – 1230	1.5	Weapon's re-functioning
1230 – 1300	1.0	Lunch
1300 – 1500	2.0	Slings & equipment organization, secondary weapon transitioning, check & cover, reactive movement, and combat turns
1500 - 1700	2.0	Prioritizing & proxemics, multiple threats, threat discrimination, threats in depth, injury report & debrief
Day Two	Hours	Instruction
0800 – 0900	1.0	Debrief, field maintenance (upper and lower receiver)
0900 – 1000	1.0	Active shooter warm up
1000 – 1200	2.0	Traveling movement & tempos, movement drills
1200 – 1230	0.5	Lunch
1230 - 1600	3.5	Intro to combatives, combative drills
1600 - 1615	0.15	Injury report & debrief

Day Three	Hours	Instruction
0800 – 0815	0.15	Debrief
0815 – 1115	2.0	Extreme shooting positions, hyper-manipulation, cover drills, structure of vehicles, vehicles as cover, vehicle drills, deployment from vehicles, working lunch
1130 – 1200	0.30	Movement in tandem
1200 – 1245	0.45	Approach to breach (optional)
1245 – 1315	0.30	Splitting doors
1315 -- 1345	0.30	Interior movement
1345 -- 1445	1.0	Rescue in extremes
1445 – 1645	2.0	High velocity carbine 2 skills test
1645 -- 1700	0.15	Injury report & debrief

Day Four	Hours	Instruction
0800 – 0815	0.15	Debrief
0815 – 1000	1.45	Intro to Socratic method, mechanics of teaching, remediation techniques, Hick's Law (simple to the complex), Team teaching assignments
1000 – 1300	3.00	Team lesson plan research & development, lesson plan approval & range logistics, set up, working lunch
1300 – 1645	4.00	Teaching practical (Alfa Team)
1645 - 1700	0.15	Injury report & debrief

Day Five	Hours	Instruction
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0800 – 0900	1.00	Debrief
0900 – 1230	3.30	Teaching practical (Bravo Team)
1000 – 1300	3.00	Team lesson plan research & development, lesson plan approval & range logistics, working lunch
1300 – 1630	3.30	Teaching practical (Charlie Team)
1630 – 1700	0.30	Final injury report & debrief